

## Want to get into work?

## Need to learn new skills and gain experience?

**The ESP (Employability and Skills Placement) Programme could be just what you are looking for.**

Initial training will prepare you for your work placement. Once on placement you will be supported and guided by your own personal mentor. All placements focus on the same key employability skills that increase your chances of finding work.

During the first half of your work placement, which lasts for three months, you will be learning on the job, picking up skills and getting to grips with being in the workplace.

The second half of the work placement focuses on your personal and professional development, and you begin to plan for what you want to achieve. Please note that the BHT Sussex ESP Programme is unpaid.

## How to find out more

If you want to find out more about the programme or if you are interested in applying then you can contact us using the details below.

Our friendly and helpful staff will help you decide if the programme is right for you, so why not pop in for a friendly informal chat?

Call us Monday to Friday, 9am to 4pm, or email us for application forms and to arrange an interview.



**Matilda Van Orden, ESP Programme Coordinator, 144 London Road, Brighton, BN1 4PH**



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**<https://www.bht.org.uk/services/work-learning-employment/esp-programme/>**



**@Bht\_espp**



## Employability and Skills Placement (ESP) Programme

**Increasing employability through acquisition of skills and experience**

A BHT Sussex service, supporting individuals to become more employable through a six-month work placement that focuses on professional development, skills, and work experience.

This programme is funded by the UK government through the UK Shared Prosperity Fund.



**LEVELLING UP**



Combating Homelessness  
Creating Opportunities  
Promoting Change

**ESP Programme**



**01273 645435**

# What is the ESP Programme?

**The BHT Sussex ESP (Employability and Skills Placement) Programme offers six-month work placements that provide you with the training, skills and experience to help you become more employable.**

We have a range of opportunities within BHT Sussex and local organisations, available for those living within Brighton and Hove.

The ESP Programme focuses on key employability skills and provides you with opportunities to learn and develop the types of skills that employers look for when recruiting new staff.

It will provide you with a work placement, training and support from your own dedicated Mentor.

**If you are looking for opportunities to gain work place skills and experience, then the ESP Programme at BHT Sussex could be for you!**

# Helping you to succeed

Who is the ESP Programme for?

**The ESP Programme is for people who are serious about getting into work and face barriers to employment due to their background, skills, and experience.**

To be eligible to take part, you must be facing barriers to employment, be long-term unemployed or never previously employed, be in receipt of benefits and be a Brighton and Hove resident.

To find out more, just get in touch using the contact details overleaf.

# What will I get out of the programme?

- ✓ Access to high quality training
- ✓ A dedicated mentor to provide guidance and support
- ✓ Travel expenses reimbursed
- ✓ A tailored personal development plan
- ✓ The opportunity to develop key employability skills
- ✓ Six months of valuable work experience
- ✓ Help with CV's, applications, interviews
- ✓ References and training certificates

# What participants think:

“ I've really enjoyed my placement, the help & support has been wonderful, my CV looks great now and I've learnt so much.

“ The project has really helped me.

“ I'm now living my best life in my dream role.

“ I've learnt so much, its brilliant.

“ It gave me a sense of belonging, purpose, and boosted my self-esteem.

“ This was exactly what I was looking for, my placement has been fantastic.

