

Experience	Essential	Desirable
Experience of providing emotional and practical support for vulnerable adults who have complex needs.	X	
Experience of working with people in distress.		X
Experience of establishing and maintaining effective links with relevant statutory and voluntary agencies, and community groups.		X
Experience of gathering and being responsive to client feedback and using this to improve service delivery.		X
Experience of planning and facilitating effective and safe groups.	X	

Knowledge	Essential	Desirable
Knowledge of the impact that mental health issues can have on a person's everyday life.	X	
Knowledge of the benefits of a holistic approach to achieve and maintain positive well-being.	X	
Knowledge of housing management and health & safety within a residential setting.		X

Skills/Abilities	Essential	Desirable
Ability to develop creative, structured, person-centred and co-produced groupwork.	X	
Ability to work with a strengths-based approach to motivate and empower people.	X	
Competent use of Microsoft software packages especially Word and Outlook.		X
Ability to actively listen to clients, build trust and set professional boundaries.	X	
Ability to communicate clearly with clients, colleagues, and other stakeholders.	X	
Ability to work on own initiative and under pressure.	X	
Ability to work as part of a team.	X	
Good time management skills and ability to prioritise workloads.	X	

Personal Qualities	Essential	Desirable
Commitment to continuous professional development.	X	
Professional approach and attitude to support clients.	X	
Motivated to deliver excellence.	X	
Commitment to BHT Sussex's mission, values, aims and objectives.	X	