## bIMental Health Recovery Worker•hArchwaySUSSEXPerson Specification

**Ref: 788** 

This post requires that the post holder has the following skills and experience to fulfil the job description.

When completing your application form, in section 6 "Person Specification" please address yourself to **the 8 points marked asterisk** \*. Please number each point and clearly explain how your experience, skills and knowledge meet the requirements specified.

Application forms without this completed section will not be accepted.

## Experience

- \* 1 Experience of providing emotional and practical support for vulnerable adults who have complex mental health needs
  - 2 Experience of working with people in distress
- \* 3 Experience of supporting a caseload of clients

## Skills/Ability/Knowledge

- \* 4 Ability to provide creative, structured, person-centered and co-produced support planning and risk management plans
  - 5 An understanding of the impact that mental health issues can have on a person's everyday life
- \* 6 An understanding of the benefits of a holistic approach to achieve and maintain positive well-being
- \* 7 An ability to work with a strengths-based approach to motivate and empower people
  - 8 Ability to actively listen to clients, build trust and understanding
  - 9 An understanding of accountability and confidentiality issues
- \* 10 An understanding of housing management and health & safety within a residential setting
  - 11 A good knowledge of relevant DWP benefits
  - 12 Ability to work under pressure, prioritise and manage workload
  - 13 A good understanding of safeguarding issues

- 14 A good understanding and ability to use line management supervision and reflect on performance
- 15 Good administrative skills including the use of Microsoft Office programs including Word, Outlook and Excel
- 16 Ability to offer a responsive approach to managing risks and incidents
- 17 Ability to participate in and positively contribute to teamwork

## Attitudes

- \* 18 A commitment to the development and implementation of Equality and Diversity Policies
  - 19 A commitment to your own personal development
- \* 20 A commitment to empowering clients and promoting their choice and independence