



Activity and Move On Coordinator (Part Time)

Phase One

Job Details

Ref: 1102

BHT Sussex is a charity and a registered housing association working in Brighton and Hove, Eastbourne, Hastings and other parts of Sussex.

BHT Sussex's Mission is to combat homelessness, create opportunities, and promote change and it aims to achieve this Mission through a network of interlinked projects. By providing direct, practical services combined with a commitment to challenge the causes of poverty and inequality, we aim to achieve a supportive structure that men and women can use in various ways to improve the quality of their lives.

For more information, please see BHT Sussex's website, www.bht.org.uk.

Service details

Phase One is a 52-bed high-support social care hostel for single homeless people. All clients have multiple complex needs, and our work is focused on providing safe, secure accommodation while addressing each resident's individual support needs by providing tailored support packages to support clients towards living more independently.

Using psychologically informed and trauma-informed practice, we work with clients to increase self-esteem and create a space where they can begin to address the issues at the root cause of their homelessness, make the changes necessary to lead more settled lives, and realise their aspirations using a personalised, goal centric support planning process. We work with clients using alcohol and substances, encouraging them to examine their substance use issues and take positive steps towards recovery and abstinence.

A key feature of the service is that clients are supported towards moving from the project's main body into the Recovery Focused Flats, which allow clients to consider the next steps towards their recovery. This feature is supported by a structured programme of learning and enjoyment activities and works in partnership with BHT Sussex Addictions services.

Brighton and Hove City Council's Housing Options Team refer the client group to the project.

Job Summary

The Activity and Move On Coordinator will:

- Coordinate and further develop our in-house group work programme TAMO (Transition and Move On), supporting clients to manage and improve their mental and physical health and gain the skills and confidence to live more independently.
- Build mutually beneficial relationships with services in the community to create opportunities for clients to move on from the project.
- Work closely with the Phase One staff team to meet the needs of all residents, including problematic substance use, mental health needs, self-neglect, low motivation, and literacy/numeracy issues.

- Work creatively and flexibly in partnership with clients and their support workers during enhanced needs or risks.
- Use psychologically informed ways of working to gain a greater understanding of the values and aspirations of each resident and provide empathic support.
- Offer at least one weekly group work session to clients in the main hostel to assist with transitional work and encourage aspiration.
- Ensure TAMO sessions are an integral part of living in the two Recovery-focussed flats, which are 2 designated flats within the project. This accommodation aims to support clients focusing on recovery, preparing them to move on to independent accommodation or services such as residential rehab. Ensure weekly check-ins are completed for clients in the Recovery Flats.
- Plan TAMO sessions to be completed in one or several sessions, depending on each client's abilities and needs. Some clients will require a slower pace, whilst others can progress faster.
- Complete the basic skills assessment to ascertain the client's needs and signpost to Step By Step or a similar supporting agency.
- Tailor and deliver TAMO modules according to individual clients' needs.
- Proactively offer 'Debrief' sessions (training will be given) to clients and colleagues.

Salary

Salary is paid monthly in arrears and will be £23,832 pro rata per annum (£13,526 actual). An employer's pension contribution of 5.5% is also paid, and the level of this contribution is reviewed annually.

Hours of Work

Part-time: 21 hours per week worked over three days. Work pattern can be discussed at interview.

Annual Holidays

The annual leave entitlement will be 185 hours pro rata (25 working days), rising 1 day for each year of service to a maximum of 222 hours (30 days). The role will include working on some bank holidays as part of the team rota for which "time off in lieu" will be granted.

Closing date: Midday, Monday 20th March 2023

Interview Date: Tuesday 4th April 2023

We regret that we are unable to reply to every job applicant. However, if you are called for interview, you will be notified within seven days of the closing date.

An Enhanced DBS Check (Disclosure and Barring Service) is required on all successful applicants as a condition of employment for this post.

BHT Sussex operates an Equal Opportunities Policy.