



# Recovery Worker (Supporting Ethnic Minority Groups)

## Pathfinder & BeOk

### Job Description

Ref: 1060

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#### Job Summary

The post holder will join the Pathfinder and BeOK Community Service and actively support clients via our Mental Health support services to work towards their well-being goals. The successful applicant will lead in ensuring that our service reaches out and engages with people in our community who are from a minoritised ethnic groups. The role aims to assist the service in pinpointing in greater detail where there are disparities in service provision, why they have arisen and how they affect current and future clients. We aim to amplify the voice of underrepresented ethnic groups within our community and services by strengthening and diversifying client participation. We will achieve this aim by building relationships with new and existing partners and working directly with communities and existing outreach organisations.

The post holder will engage with health and social services and visit community centres/support groups. The successful candidate should be empathetic, have experience supporting those from underrepresented and marginalised ethnic groups, and have a solid understanding of social inequalities and how they intersect and may prevent someone from accessing mental health support.

#### Responsible To:

- a) BHT Sussex Staff
- b) Community Services Manager

#### Responsible For:

- a) BHT Sussex Staff
- b) Pathfinder and BeOK Service Clients

#### Significant Working Relationships:

- a) BHT Sussex staff
- b) Pathfinder Organisations including Pathfinder Clinical Service
- c) Pathfinder Mid Sussex & Crawley Team

#### Duties / Responsibilities:

- Develop relationships with underrepresented ethnic groups by working with local organisations and help encourage constructive working relationships.

- Help facilitate bringing underrepresented ethnic groups together to empower each other, gain knowledge and skills to participate in wider organisations that can support health and wellbeing.
- Help organise events including wellbeing events.
- To represent the service at local meetings with external partners and stakeholders, as well as within the practice and BHT Sussex during organisational meetings.
- Listen to underrepresented ethnic groups views and wishes and supporting these being reflected in wider service development.
- Engage proactively with partners to share best practice and support roll out where required.
- Provide timely telephone, video call and face to face mental health support to clients who have referred to Pathfinder support services.
- Assess needs and risks using the Pathfinder framework, and processes.
- Support clients to identify their needs and goals and facilitate development of personal support and recovery plans with clients.
- Liaise regularly with and refer any clinical needs or issues to the Pathfinder Clinical team particularly ensuring any presenting risks are fully discussed and addressed.
- Facilitate and support clients to access local community mental health resources and services particularly to engage with Pathfinder services.
- Use a range of psychosocial tools and approaches to support clients with mental health needs to problem solve and self-manage their mental health including running group activities at the practice and within Pathfinder services where common needs are identified.
- Maintain accurate and up to date records of work using agreed systems within practices and BHT Sussex and to report on work activity as requested.
- Undertake other tasks and duties as required to meet the requirements of the service.
- To ensure that Pathfinder and BHT Sussex's policies around safeguarding adults and protecting children are always adhered to.
- To ensure that all aspects of Health & Safety, Data protection and Diversity and Inclusion compliance are adhered to in line with BHT Sussex policies and procedures.

No job description can cover every issue which may arise within the post at various times and the post holder is expected to carry out other duties from time to time which are broadly consistent with those in this document.