

# b | • | t | Support Worker - FTC **Shore House Job Details**

#### **BHT Sussex**

BHT Sussex is a charity and a registered housing association working in Brighton and Hove and across Sussex.

The mission of BHT Sussex is to combat homelessness, create opportunities, and promote change. BHT Sussex aims to achieve this Mission through a network of interlinked projects. By providing direct, practical services combined with a commitment to challenge the causes of poverty and inequality, we hope to achieve a supportive structure which people can use in a variety of ways to improve the quality of their lives.

For more information please see the BHT Sussex website www.bht.org.uk.

# **Project Summary**

Shore House is an innovative and dynamic service which provides accommodation and intensive support to 20 people with a range of mental health diagnoses and people experiencing the effects of complex trauma. People may also present with additional needs such as substance use, and its associated impacts on health, budgeting, and engagement.

The service works collaboratively with clients and their community mental health team to ensure their safety and wellbeing, as well as enabling them to move on to more independent accommodation within an 18-month timeframe.

The service works closely with primary and secondary health services, statutory and third sector services. Multi-agency support and risk reviews are led by each client's allocated Support Worker

Person-centred 1:1 and group work support are provided for a range of areas, including medication management, mental and physical health, personal safety, digital inclusion, and work and learning.

Shore House is jointly commissioned by the Clinical Commissioning Group and Brighton and Hove City Council and is regulated by the Care Quality Commission.

Within Shore House, we are currently piloting a 2-bed service called Respite @ Shore which aims to prevent escalation of suicidal feelings and self-harm in people living in the Brighton and Hove area who have mental health issues and complex needs, by providing up to 7 days of respite, with 24/7 staff support. It seeks to provide an empowering and preventative service to

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those who may otherwise require hospital admission/use of statutory crisis mental health services.

## **Job Summary**

The Support Worker will provide creative and person-centred support to clients with a diverse range of needs. Working closely with statutory mental health services, they will ensure the safety and wellbeing of people. The Support Worker will provide individual and group support in a range of areas, including:

- Mental health and wellbeing
- Support with medication
- Physical health
- Substance misuse/alcohol support
- Tenancy sustainment
- Work and learning
- Independent living skills
- Budgeting
- Engagement in the wider community
- Confidence and self-esteem

### Salary

The salary is paid monthly in arrears and will be £24,698 per annum plus an Enhancement for Anti-social hours of £1,469 per annum. An employer's pension contribution of 5.5% is paid. The level of this contribution is reviewed annually.

#### **Hours of Work**

The post holder will work a shift pattern that includes day, evening and alternate weekend work totaling an average of 37 hours per week over a six week rolling rota.

### **Annual Holidays**

The annual leave entitlement will be 185 hours (25 working days), rising 1 day for each year of service to a maximum of 222 hours (30 days) pro rata. The role may include working on some bank holidays as part of the team rota for which "time off in lieu" will be granted. Two extra statutory days are also granted to be taken over the Christmas period.

Closing Date: 12 noon, Monday 28th March 2022

Interview Date: Tuesday 5th April 2022

We regret that we are unable to reply to every job applicant. However, if you are called for interview, you will be notified within seven days of the closing date.

An Enhanced DBS Check (Disclosure and Barring Service) is required on all successful applicants as a condition of employment for this post.

BHT Sussex is an equal opportunities employer and welcomes applications from anyone with the requisite skills and experience. We are committed to an organisational culture that values people from all backgrounds, and welcome applications from all members of the community.

#### **PLEASE NOTE:**

Shore House is a CQC registered care home. Please note that the Government have introduced new regulations for working within CQC registered care homes. You will not be permitted to work at this service unless you are able to provide evidence that you have been fully vaccinated against Covid19 or can provide evidence of medical exemption before starting employment at Shore House.