

### **BHT Sussex**

BHT Sussex is a charity and a registered housing association working in Brighton and Hove, Eastbourne, Hastings and other parts of Sussex.

BHT Sussex's Mission is to combat homelessness, create opportunities, and promote change and aims to achieve this Mission through a network of interlinked projects. By providing direct, practical services combined with a commitment to challenge the causes of poverty and inequality, we hope to achieve a supportive structure which people can use in a variety of ways to improve the quality of their lives.

## **Project Details**

Shore House is an innovative and dynamic service which provides social care accommodation and intensive support to 20 people with a range of mental health diagnoses and people experiencing the effects of complex trauma. People may also present with additional needs such as substance use, and its' associated impacts on health, budgeting, and engagement.

The service works collaboratively with clients and their community mental health team to ensure their safety and wellbeing, as well as enabling them to move on to more independent accommodation within an 18-month timeframe.

Within Shore House, we are currently piloting a 2-bed service called Respite @ Shore this service aims to prevent escalation of suicidal feelings and self-harm in people living in the Brighton and Hove area who have mental health problems, problematic substance use and/or complex needs by providing up to 7 days of respite, with 24/7 staff support. It seeks to provide an empowering and preventative service to those who may without it require hospital admission/use of statutory crisis mental health services.

# Job summary

The Support Worker will use psychologically informed ways of working to provide empathic, responsive person-centred support to clients with a diverse range of needs including problematic substance use, severe and enduring mental health needs, self-neglect, low motivation, and numeracy/literacy issues. They will support clients with all aspects of behaviour change, and provide support which is empowering, motivating, realistic and personalised.

# Salary

The salary is paid monthly in arrears and will commence at £24,698 per annum plus an anti-social hour's enhancement of £1,469 per annum. A 5.5% employer's pension contribution is also paid. The level of this contribution is reviewed annually.

Ref: 820

BHT Sussex 1121

#### **Hours of Work**

The hours of work for this post will be 37 hours per week. (average over a 6-week rolling rota, including evenings (until 10.30pm), weekends and daytime hours)

BHT Sussex does not pay overtime but will grant time off in lieu if agreed by the service manager. Participation in responsive on call cover if support is required out of hours.

## **Annual Holidays**

The annual leave entitlement will be 185 hours (25 working days), rising 1 day for each year of service to a maximum of 222 hours (30 days) pro rata. The role will include working on some bank holidays as part of the team rota for which "time of in lieu" will be granted

Closing Date: 12 noon, Monday 14 February 2022

Interview Date: Tuesday, 22 February 2022

We regret that we are unable to reply to every job applicant. However, if you are called for interview, you will be notified within seven days of the closing date.

An Enhanced DBS Check (Disclosure and Barring Service) is required on all successful applicants as a condition of employment for this post.

**BHT operates an Equal Opportunities Policy** 

#### **PLEASE NOTE:**

Shore House is a CQC registered care home. Please note that the Government have introduced new regulations for working within CQC registered care homes. You will not be permitted to work at this service unless you are able to provide evidence that you have been fully vaccinated against Covid19 or can provide evidence of medical exemption before starting employment at Shore House.