

## BHT Sussex

BHT Sussex is a charity and a registered housing association working in Brighton and Hove, Eastbourne, Hastings and other parts of Sussex.

BHT Sussex's mission is to combat homelessness, create opportunities, and promote change and aims to achieve this mission through a network of interlinked projects. By providing direct, practical services combined with a commitment to challenge the causes of poverty and inequality, we hope to achieve a supportive structure which men and women can use in a variety of ways to improve the quality of their lives.

For more information, please see BHT's website [www.bht.org.uk](http://www.bht.org.uk).

## Service details

Shore House is an innovative and dynamic service which provides accommodation and intensive support in a social care setting to 20 people with a range of mental health diagnoses and people experiencing the effects of complex trauma. People may also present with additional needs such as substance use, and its' associated impacts on health, budgeting, and engagement.

The service works collaboratively with clients and their community mental health team to ensure their safety and wellbeing, as well as enabling them to move on to more independent accommodation within an 18-month timeframe.

Within Shore House, we are currently piloting a 2 bed service called Respite @ Shore this service aims to prevent escalation of suicidal feelings and self-harm in people living in the Brighton and Hove area who have mental health problems, problematic substance use and/or complex needs by providing up to 7 days of respite, with 24/7 staff support. It seeks to provide an empowering and preventative service to those who may without it require hospital admission/use of statutory crisis mental health services.

## Job Summary

The Support Worker will use psychologically informed ways of working to provide empathic, responsive person-centered support to clients with a diverse range of needs including problematic substance use, severe and enduring mental health needs, self-neglect, low motivation, and numeracy/literacy issues.

They will support clients with all aspects of behaviour change, and provide support which is empowering, motivating, realistic and personalised.

## Salary

This is a fixed term role to 31 July 2022. Salary is paid monthly in arrears and will be £24,698 per annum pro rata plus an annual anti-social hours enhancement of £1,469 per annum pro rata for evening and weekend working. An employer's pension contribution of 5.5% is also paid. The level of this contribution is reviewed annually.

## Hours of Work

Part time: 24 hours per week (average over a 6-week rolling rota, including evenings (until 10.30pm), weekends and daytime hours).

## Annual Holidays

The annual leave entitlement will be 185 hours (25 working days) pro rata, rising 1 day for each year of service to a maximum of 222 hours (30 days) pro rata. The role will include working on some bank holidays as part of the team rota for which “time of in lieu” will be granted.

**PLEASE NOTE:** *Shore House is a CQC registered care home. Please note that the Government are introducing new regulations on working within CQC registered care homes. From 11 November 2021, you will not be permitted to work at this service unless you are able to provide evidence that you have been fully vaccinated against Covid19 or can provide evidence of medical exemption before starting employment at Shore House.*

## Closing Date

12 noon, Monday 13 September 2021

## Interview Date

Monday 20 September 2021

**We regret that we are unable to reply to every job applicant. However, if you are called for interview, you will be notified within seven days of the closing date.**

**An Enhanced DBS Check (Disclosure and Barring Service) is required on all successful applicants as a condition of employment for this post.**

**BHT operates an Equal Opportunities Policy**