



# Specialist Mental Health Worker

## Complex Domestic Abuse

### Person Specification

Ref: 399

This post requires that the post holder has the following skills and experience to fulfil the job description. Please address yourself to the points marked \* and explain clearly how your experience and knowledge meets each of these requirements. Points marked D are desirable not essential

		<b>Experience:</b>
*	1.	Experience of working in services for people with mental health needs
*	2.	Experience of working with people with multiple and complex needs, including those with offending histories
*	3.	Experience of supporting individuals to engage in their mental health recovery guided by their own goals and aspirations
*	4.	Experience of establishing, developing and maintaining effective working relationships with voluntary and statutory organisations
*	5.	Lived experience within your area of expertise (e.g. mental ill health, homelessness) and confidence to use in a way that supports the recovery of others. (D)
		<b>Skills/Ability/Knowledge:</b>
*	6.	A good understanding of mental health and its impact on the clients and communities relevant to the CDAU pilot
*	7.	A good understanding of housing and accommodation-related support for people with mental health support needs. (D)
	8.	A working knowledge of the impact of trauma
*	9.	Ability to motivate, enable and empower individuals, including through positive risk taking using evidence based practice such as motivational interviewing and solution focused brief interventions
*	10.	Knowledge of Sussex mental health statutory and third-sector providers and an ability to establish, develop and maintain effective working relationships with organisations in this field

*	11.	Knowledge of housing statutory and third-sector providers and an ability to establish, develop and maintain effective working relationships with organisations in this field (D)
	12.	Ability to work on own initiative and excellent organisational and time management skills.
	13.	Strong crisis management skills, resilience and the ability to deal with difficult or complex situations
	14.	Ability to participate in and positively contribute to team work
	15.	Excellent communication and interpersonal skills, both oral and written.
	16.	High levels of competency in using Outlook, Word and Excel
	17.	An understanding of accountability and confidentiality issues, including GDPR legislation
	18.	Ability to monitor and report on service performance indicators and targets
	19.	Knowledge of relevant mental health, safeguarding, housing and Care Act legislation.
		<b>Attitudes:</b>
	20.	To be flexible and adaptable to change
	21.	A commitment to the development and implementation of Equality and Diversity Policies and a sound working knowledge and understanding of the Equalities legislation
	22.	Willingness and ability to travel throughout pilot geographical area as required.
	23.	An ability to understand personal impacts of the work, be self-reflective and a commitment to engage in reflective practice
	24.	A commitment to your own personal development, including participating in 1:1 or group clinical and non-clinical supervision